

# Daughters of Royalty: Tzniyus Booklet and Song

By Mrs. Chani Altein

**Grade Level:** 1<sup>st</sup> – 3<sup>rd</sup> Grade

**Description:**

A booklet which introduces the halachos and hashkafos of tzniyus at the lower elementary school level. The packet is embellished with clipart and includes a song which reinforces the booklet's message. Available as an editable Word document and as a non-editable pdf.

**Goals/Objectives:**

Students will internalize the halachos and hashkafos pertaining to tzniyus found within this packet. They will sing about it using the song provided.

**Instructions:**

1. Discuss the concepts contained within the packet.
2. Read through the packet together and give the students time to fill in the answers.

**Additional Tips:**

Do not assume that the students are familiar with the terms that you are discussing. Provide as many hands-on practical examples as possible. (For example, have students feel their own collarbones, etc.)

*B"H*

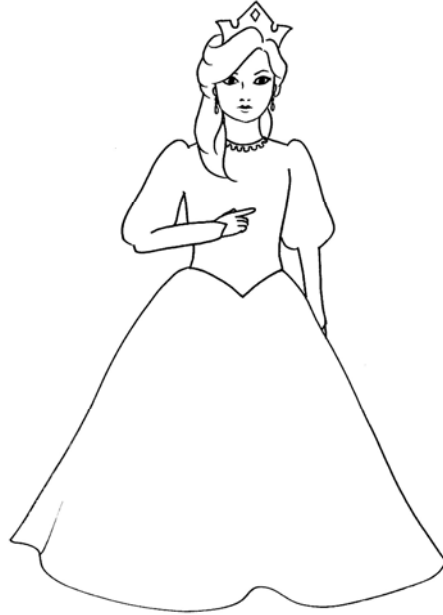
# *Daughters of Royalty*



*My Name:* \_\_\_\_\_

# *True Princesses*

*Every Jewish girl is a princess because she is the daughter of Hashem the King. As princesses, we must act and dress in a royal, dignified way.*



*Please put a check next to the behaviors that are appropriate for a princess.*

- Speaking in a soft, polite tone*
- Running wildly through the streets*
- Teasing other children*
- Treating others with kindness and consideration*
- Dressing neatly and nicely*
- Showing respect to other people*
- Screaming and cheering very loudly*
- Always remembering to say please and thank you*
- Wearing dirty, messy clothing*

# Keeping Covered

*Our bodies are very precious and holy, so we are careful to keep them covered- just like a Sefer Torah which is kept covered because it is so special.*



*Draw a picture of something else that is kept covered because it is very valuable.*

# *Laws of Tznius*

*Tznius clothing is the uniform of a Jewish girl.*



*We are careful to:*

- 1. wear shirts that cover our collarbones*
- 2. wear sleeves that cover our elbows*
- 3. wear skirts that cover our knees*

*When we dress in a tzniusdik way, we make a big Kiddush Hashem wherever we go.*

# *Mothers of Royalty*

*Our Imahos were shining examples of tznius.*

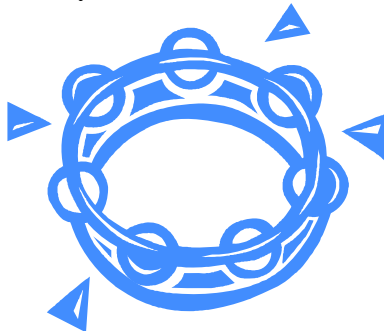
\_\_\_\_\_ *stayed in the tent when Avraham hosted male guests.*



\_\_\_\_\_ *covered her face with a veil when she saw her chasan Yitzchak.*



\_\_\_\_\_ *and the ladies of Mitzrayim sang and danced separately from the men.*



*Princess Song*  
*Tune: Shmo Na Aleinu*

*Whenever I smile at the mirror, I see  
A princess smile right back at me-  
For I am the daughter of the Great King Above,  
A title I carry with love,*

*Wherever I go, there's a crown that I wear,  
Though I cannot see it, it's there-  
For I am the daughter of the Great King Above,  
A title I carry with pride and with love,*

*Chorus:*

*We're Bnos Melech, and there is no doubt  
From all other girls, we stand out-  
We act with refinement, so it's clear to see  
We are the daughters of true royalty,*

*We dress in a way that is so dignified,  
We know our true beauty's inside,  
Within each of us is a sparkling gem,  
We shine as the daughters of Hashem.*

